Director’s Health & Wellness Collaborative

Are you looking to deepen your health & wellness practices as an Early Childhood program? Are you wanting to connect with others on a similar path? Join us for this co-learning journey!

What: An Early Childhood Director’s group that focuses on cultivating a culture of health & wellness within the Early Childhood setting every day. See website listed below to register. For those who have joined us in the past, we will share new information. FREE event, bring a colleague!

When: 3 different meeting times throughout the year, all Friday mornings. Sessions will begin at 9:30 am and wrap up at 11:00 am. Dates are as follows, November 17, 2017, February 16, 2018 and May 18, 2018.

Where: Friendly Avenue Baptist Church, 4800 W. Friendly Avenue, Greensboro, NC 27410

What You’ll Learn, Contribute & Receive:

• This group is designed to be a co-learning Community of Practice. We will come together to network, share resources and contribute our own ideas, barriers and successes. Each meeting will focus on a specific health-related topic, such as the Outdoor Learning Environment, Nutrition & Farm to Childcare & Physical Activity.

• 1.5 hours In-Service training credit

• Healthy snacks & recipes

• Networking opportunities & resources

Register: http://www.guilfordchildren.org/event/ghbec-directors-collaborative/2018-02-16/

Questions: Contact Trish Nelson, (336) 274-5437, ext. 212 or Trician@guilfordchildren.org

Space is limited to 15 participants, so don’t delay!

Sponsored by the Guiding Healthy Behaviors in Early Childhood team